



# Sir Harry Smith

## COMMUNITY COLLEGE

ASPIRATION & ACHIEVEMENT FOR ALL

### Asthma Policy

Updated 9<sup>th</sup> March 2026

**Policy reference:**

**This policy is to be reviewed:**

Annually

**The next review date is:**

March 2027

**Review is the responsibility of:**

#### Review History

**Review ratified:**

9<sup>th</sup> March 2026

**Review ratified:**

**Review ratified:**

**Authorised by:** Local Governing Body



## **1. Policy Statement**

This policy sets out the school's commitment to ensuring that all students with asthma are safe, supported, and able to fully access education. The school recognises asthma as a potentially serious medical condition and aims to provide an environment that minimises triggers, promotes good asthma management, and ensures a rapid, effective response to asthma symptoms or emergencies. This policy applies to all staff, students, parents/carers, and visitors.

## **2. Aims**

- To ensure all students with asthma are known, supported, and able to participate fully in school life.
- To maintain safe systems for storing, administering, and monitoring asthma medication.
- To ensure staff are trained to recognise asthma symptoms and respond appropriately.
- To reduce exposure to known asthma triggers within the school environment.
- To work in partnership with parents/carers and healthcare professionals.

## **3. Roles and Responsibilities**

### **3.1 The School**

The school will:

- Maintain an up-to-date register of all students with asthma.
- Ensure asthma care plans are completed for ongoing asthma needs
- Ensure emergency inhalers are available and safely stored and used in line with National Guidance.
- Ensure that risk assessments consider asthma needs (PE, trips, Science, DT and Art)
- Include asthma needs in risk assessments.
- Enforce the NO AEROSOL SPRAY rule to protect students with Asthma

### **3.2 Parents / Carers**

Parents/carers must:

- Provide accurate and up to date medical information.
- Supply labelled prescribed inhalers and spacers.
- Replace medication before expiry.
- Inform school of changes to asthma management.

### **3.3 Students**

Students are expected to:

- Carry their inhaler where appropriate or know the location of their inhaler.
- Use medication responsibly and report symptoms promptly
- Follow the NO AEROSOL SPRAY rule.

### **3.4 Staff**

Staff must:

- Be aware of students with asthma in their care.
- Recognise symptoms and follow emergency procedures.
- Allow immediate access to inhalers.
- Report concerns/incidents appropriately to the First Aider and Health and Safety Lead.

## **4. Asthma Medication**

### **4.1 Student Inhalers**

- Students should carry their inhaler.
- Spare inhalers may be stored in the medical room.
- All inhalers should be labelled with the students name.

### **4.2 Emergency Inhalers**

Emergency salbutamol inhalers are available in line with Department of Health guidance.

These may be used for: Students with written parental consent or students with a known asthma diagnosis who are experiencing symptoms and whose inhaler is unavailable or empty.

## **5. Managing Asthma in School**

- Students must have immediate access to inhalers during all activities including PE and trips.
- Staff must never prevent a student using their inhaler.
- Risk assessments must include asthma considerations.
- Inhalers must be carried by the student or staff member.
- Staff must be aware of triggers like cold air, pollen or exertion.

## **6. Reducing Asthma Triggers**

- Aerosol sprays are strictly prohibited. This includes deodorant, hairspray and perfume/ aftershave.
- This rule applies to:
  - Staff
  - Students
  - Visitors
  - Changing Rooms
  - Toilets
  - Classrooms
  - Corridors
  - Social Areas
- Students with these items will be asked to hand it in and their parents will be informed.
- Only roll-on or solid deodorants are permitted.

### **6.3 Other Trigger Management**

The school will :

- Ensure rooms are ventilated
- Minimise exposure to dust, fumes, smoke and strong odours
- Cleaning products are safely used and stored appropriately/
- Asthma needs are considered in Art, Science and DT which use chemicals or particulates.

## **7. Recognising Asthma Symptoms**

- Symptoms include coughing, wheezing, shortness of breath, chest tightness, difficulty speaking, and distress.

## **8. Emergency Procedure**

- If a student is experiencing symptoms
- Stay calm and reassure the student.
- Sit the student upright, do not sit them down.
- Help the student take 1-2 puffs of their reliever inhaler using a spacer if available.
- If symptoms persist, give up to 10 puffs (one puff every 30-60 seconds)
- Follow emergency inhaler guidance and call 999 if symptoms do not improve or worsen. This means the student is too breathless to talk or the lips or face looks blue.
- You are worried at any point
- Continue with one puff every minute until support arrives.

## **9. Record Keeping**

- The school maintains asthma registers, care plans, and incident records.
- Medication that is administered is recorded.
- Inhaler use is recorded
- Incident reports are completed for asthma attacks

## **10. Staff Training**

- Annual asthma awareness training is provided.
- Training on emergency inhaler use
- Additional training is given for staff supervising trips, PE and high risk activities.

## **11. Monitoring and Review**

- This policy is reviewed annually or following significant changes.

## **12.References**

- Department of Health & Social Care
- NHS
- NICE
- Asthma and Lung UK

This policy should be read in conjunction with other Sir Harry Smith Community College health, safety and medical policies.