

Sixth Form - News and Update

University Online Open Events

The summer term is the time we would begin to look at your Post 18 options and in particular university choices. Many universities are providing students with the opportunity of virtual tours and open days. There are a large number of organisations and websites available to help you with all aspects of applying to university. Use the links below to begin to think about your Post 18 options.

[The Complete University Guide](#)

[Take Your Place](#)

[Writing personal statements](#)



University of Suffolk

University of Suffolk have developed a series of taster sessions in a range of subjects to enable young people to explore their subject of interest and to ask any questions about studying at the University of Suffolk.

They are the ideal opportunity to sample university teaching and are a great way to demonstrate subject exploration in a personal statement.

Sessions are open to students in school years 11-13 and last for between 45 and 90 mins.

<https://www.uos.ac.uk/content/virtual-taster-sessions>

Subject	Title	Date	Time
English	Let's make noise: exploring language acquisition	23 June	11.00
English	Ya what?: Dialect variation and how writers can create characters in literature and film	30 June	11.00
Computing	Building an online shop	2 July	13.00
History	The history of the Basque refugee children in Britain, 1937-2020	3 July	11.00



YEAR 12: Online Microsoft Teams Lessons

Log into your school Microsoft Office 365 accounts and navigate your way to the TEAMS app.

Your teachers will be sending you invitations to your timetabled lessons for each of your subjects.

Check your calendar and confirm your attendance at the lessons.

This is a great way to get you back into some form of face-to-face teaching.

If you are having problems accessing your account, please email in to office@sirharrysmith.cambs.sch.uk

University of Leicester—Webinars and Virtual Open Days

24th June- Parents and Carers Information and Guidance Webinar (aimed at those with lower sixth students). Link can be found [here](#).

3rd July- [Digital Open Day](#)

Wednesday Wisdom Webinars (Choosing Courses and Places, Personal Statements, Student Finance, Applying Late)- every Wednesday 12.30-1.30pm. Link [here](#).

In addition to your online Microsoft Teams lessons, a range of in school sessions are available for you to access. These are there to provide you with support about your Post 18 options. These sessions are similar to what you would have been completing in your skills for life lessons.

Each week the sessions will be made available to you via your parent pay accounts. It's important that you book onto these sessions so that we know who to expect in school and are adhering to the strict guidelines we have been issued with.

Sessions will be made live on Wednesdays at 10am.

In School Sessions

Monday 22nd June	10.15 - 12.15	UCAS	Mr Smith	Sixth Form
Wednesday 24th June	10.15 - 12.15	UCAS and Oxbridge 'Check In' session	Mr De Almeida	Sixth Form
Friday 26th June	10.15 - 12.15	UCAS	Mr Smith	Sixth Form
Monday 29th June	10.15 - 12.15	Not going to Uni & Apprenticeships	Mr Smith	Sixth Form
Wednesday 1st July	10.15 - 12.15	Not going to Uni & Apprenticeships	Mr Smith	Sixth Form
Friday 3rd July	10.15 - 12.15	Not going to Uni & Apprenticeships	Mr Smith	Sixth Form
Monday 6th July	10.15 - 12.15	Student Finance, Student Loans and Maintenance Loans	Mr Smith	Sixth Form
Wednesday 8th July	10.15 - 12.15	Student Finance, Student Loans and Maintenance Loans	Mr Smith	Sixth Form
Friday 10th July	10.15 - 12.15	Student Finance, Student Loans and Maintenance Loans	Mr Smith	Sixth Form



Sir Harry Smith
COMMUNITY COLLEGE
AMBITION & ASPIRATION FOR ALL

In other news

Is Marcus Rashford an exception or an inspiration? The Premier League striker grew up poor and hungry, but is now using his fame to fight for children going hungry during the lockdown.



The Government has changed its mind and will continue a food voucher scheme in England during the summer holidays, following a campaign by Manchester United and England footballer Marcus Rashford.

The Covid summer school fund will mean that children eligible for free school meals in term time will get a six-week voucher.

After the government announced the change, Rashford tweeted: "I don't even know what to say. Just look at what we can do when we come together, THIS is England in 2020."

Prime Minister Boris Johnson said he was glad of Marcus Rashford's "contribution to the debate around poverty".

The Manchester United forward had asked the government to change its mind about not offering vouchers for free meals during the summer holidays.

The Department for Education had previously said the government would not change its decision.

Writing in a newspaper article on Tuesday before the government's decision, Rashford said: "Today I focus on a trophy that stands for something much bigger than football. In this case, the trophy is combating child poverty. I don't claim to have the education of an MP in parliament, but I do have a social education. I am clued up on the difference a U-turn decision would make on the 1.3 million vulnerable children across the UK who are registered for free school meals because 10 years ago I was one of them."

London's mayor, Sadiq Khan, wrote on Twitter: "I might be a Londoner and Liverpool fan, but I fully support Man Utd's Marcus Rashford. As a child I benefited from free school meals. The Government must extend its free school meal scheme for disadvantaged children over the summer holidays (and his mum should be very proud)."

One fifth of pupils - around two million children in the UK - are doing less than an hour of schoolwork a day at home, according to a study.

The report from University College London's Institute of Education said that on average pupils across the UK are studying for 2.5 hours a day during lockdown.

The study found that in some cases, children hadn't done any schoolwork at all, and only about 17% did more than four hours a day of schoolwork.

Year 13 Leavers Assembly and University guidance presentations.

Year 13 Students:

Please check your SMHW accounts regularly. Published on there will be a short leavers presentation. In no way is this the goodbye that anyone envisaged, but I have managed to put some pictures together of your final 2 years at Sir Harry Smith. In addition to this I have put some useful pieces of information that may help you as you move on to the next stages of your lives.

Support for Mental Health and Wellbeing



Recommendation: NHS
www.nhs.uk/conditions/stress-anxiety-depression

What is it?

- ◆ Help if you are feeling stressed, anxious or depressed
- ◆ Access to self-help, talking therapies and helplines
- ◆ Support for adults, children, teens and students

Accessibility

- ◆ Access mainly online. Some signposting to phone lines.
- ◆ Age appropriate guidance and information.

Supporting Children and Young People with Mental Health



Recommendation: Young Minds
youngminds.org.uk

What is it?

- ◆ Age appropriate information, guidance and support for mental health
- ◆ Specific guidance covering a wide range of issues that children and young people face
- ◆ 24/7 crisis support (TEXT YM TO 85258)
- ◆ Signposting to appropriate helplines
- ◆ Separate advice for parents/ carers

Accessibility

- ◆ Access mainly online.
- ◆ Some signposting to phone lines.
- ◆ Crisis Text service is free.
- ◆ Age appropriate guidance and information.

Supporting Mindfulness



Recommendation: Headspace
www.headspace.com/covid-19

What is it?

- ◆ Offering free support (articles) and meditation exercises during the coronavirus crisis
- ◆ Meditation exercises for relieving stress, working at home and feeling overwhelmed

Accessibility

- ◆ Access to the internet needed.



Sir Harry Smith

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Keeping Children Safe

NSPCC

Recommendation: NSPCC
www.nspcc.org.uk

Accessing Support and Advice for Children and their feelings

childline

ONLINE, ON THE PHONE, ANYTIME

Recommendation: Childline
www.childline.org.uk

Staying Safe Online



Recommendation: CEOP
www.ceop.police.uk/safety-centre

What is it?

- ◆ Provides advice, news and stories for adults worried about children in relation to: Coronavirus; Mental Health; home living; online safety; drugs and alcohol; abuse; and sexual behaviour
- ◆ Adults can contact phone (0808 800 5000) or email help@nspcc.org.uk for helpline counsellor support or to report a concern.

What is it?

- ◆ Offers phone (0800 1111), email or online support to children
- ◆ Has articles, videos and games focused on emotions and feelings. .

What is it?

- ◆ CEOP is an agency to keep children safe from sexual abuse and grooming online.
- ◆ They help and give advice, and you can make a report directly to them if something has happened online which has made you feel unsafe, scared or worried.

Accessibility

- ◆ Access to phone (Free number) or internet
- ◆ Children can contact Childline (0800 1111)

Accessibility

- ◆ Access to phone (free number) or internet required to access email or online chat.
- ◆ Adults can contact NSPCC.

Accessibility

- ◆ The CEOP Thinkuknow website has age differentiated information and advice to help you if something has happened to you online

Other useful websites and organisations

<https://www.studentminds.org.uk/> - The UK's student mental health charity

<https://www.kooth.com/> - Online counselling and emotional wellbeing platform.

<https://www.cpslmind.org.uk/> - Cambridgeshire, Peterborough and South Lincs (CPSL Mind) Mental health charity

<https://www.youthsporttrust.org/> - School sport charity, fun initiatives to remain active